

## South Hills Mite to Squirt Developmental Tournament

**When:** Saturday & Sunday, March 24-25<sup>th</sup>

**Where:** Spencer Family YMCA in Bethel Park

**What:** A unique opportunity for your 2009 birth year team and coaches to participate in a developmental tournament emphasizing transitional concepts needed to progress from cross and half ice formats played at the U8 level to a full ice game format at the squirt level.

Each team will participate in a 50-minute on ice clinic. Coaches will be provided with prior practice plan material focusing on transitional concepts (break-out, defensive zone coverage, face-offs, changing on the fly). Each team will have 30-minutes to run drills on half-ice led by their teams' coaches. A developmental instructor will be on hand observing and for assistance when needed.

The remaining 20-minutes of the clinical session can be used for a guided scrimmage providing opportunities for coaches to whistle game stoppage to address learning opportunities.

Each team will then play three total tournament games in a developmental/instructional setting (1 game Saturday & 2 Sunday). The games will be played according to PAHL rules. Periods and overall score will be awarded points to keep play competitive; however, the focus is not on a tournament champion. The objective is to offer an opportunity for each player to build confidence and gain insight into overall full ice hockey. We will provide tournament t-shirts to all players rostered.

Recommended Roster size of 15 players and 1 or 2 goalies.

**Cost:** \$800 per team

**Contact:** Tony Kozak ([kozakfam@comcast.net](mailto:kozakfam@comcast.net); 412-334-5987) to obtain a registration form. Space is limited to eight teams. Registrations will be taken on a first-come basis.